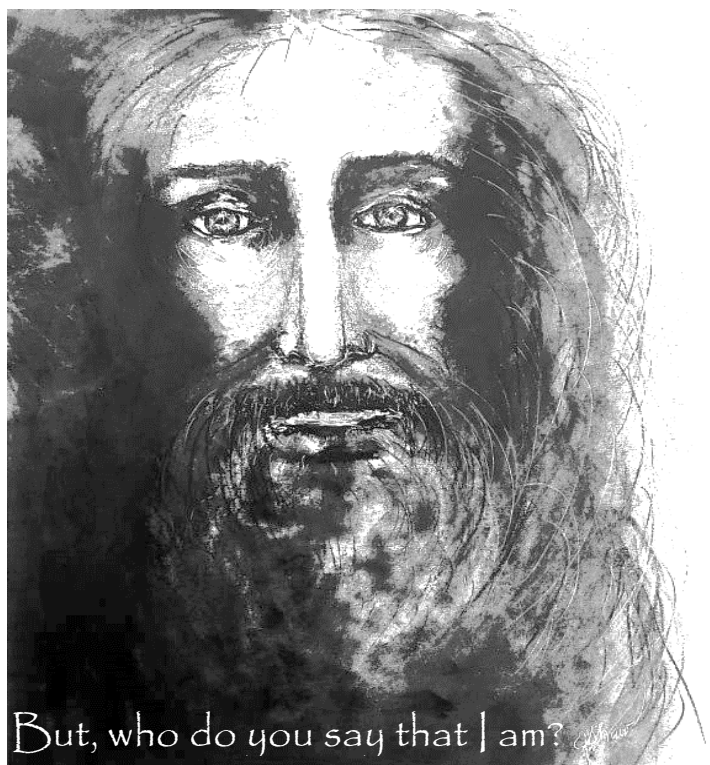


PROPER 19, YEAR B

SUNDAY, SEPTEMBER 15, 2024



St. Alban's Episcopal Church
Simsbury, CT
Celebrate. Inspire. Serve.



Welcome to St. Alban's!

Your prayers and presence for today's worship are a gift to this community. We are grateful that you are here. We pray that you sense the love of Christ, the holy stirring of the Spirit, and God's presence here this morning.

Worshipping with children

We invite you to visit our Playground in the rear balcony. Please feel free to bring books or an activity bag to your seats; or, sit in the balcony and allow your children to explore the space during worship. And please don't worry about wiggles, conversation, crying, laughing – all of it is welcome in this space and to the glory of God! If you need help finding the bathrooms, a changing table, or the water fountain, please ask an Usher.

Learning more about St. Alban's

We invite you to fill out one of the "Welcome" cards you can find on the table in the rear of the Sanctuary. This allows you to receive mailed materials from St. Alban's and our weekly e-news. You can also visit our website (stalbanssimbsbury.org) or find us on Facebook.

Donating to St. Alban's

During our service today, Ushers will pass Offering plates. You are welcome to place cash or check donations directly into the plate. We also invite your donations through our website (stalbanssimbsbury.org, click "Donate").



You can find your way to that link with the QR code here and on the donation card in the Narthex.

If you need a gluten-free wafer at communion please let the priest know when you approach the altar for communion. You can also receive a blessing instead of bread by crossing your arms over your chest.

As you settle in to worship today, take the time and the moments of quiet you need to make the transition from getting here, to being here.

Our service comes from Enriching Our Worship and we make use of all hymnal resources approved by The Episcopal Church. Everything you need to worship fully today can be found in the bulletin.

***A note about standing, kneeling, sitting rubrics**

One of the spaces that has received more attention during the pandemic is around ableism. Our society, in large part, functions as though everyone has nearly full use of their bodies. Where a "standing" rubric might have been added alone, we're adding "seated", as well, as an invitation for you to listen and respond to the needs of your own body. You are invited to remember that our bodies are created by God and intended for worship, just like our voices. How ever you feel comfortable doing that, God sees that it is good!

HYMN *Standing or seated**New every morning*

H82 10



1 New ev - ery morn - ing is the love
 2 New mer - cies, each re - turn - ing day,
 *3 If on our dai - ly course our mind
 *4 Old friends, old scenes, will love - lier be,
 *5 The tri - vial round, the com - mon task,
 6 On - ly, O Lord, in thy dear love,



1 our wak - ening and up - ris - ing prove;
 2 a - round us ho - ver while we pray;
 3 be set to hal - low all we find,
 4 as more of heaven in each we see;
 5 will fur - nish all we ought to ask:
 6 fit us for per - fect rest a - bove;



1 through sleep and dark - ness safe - ly brought,
 2 new per - ils past, new sins for - given,
 3 new trea - sures still, of count - less price,
 4 some soft - ening gleam of love and prayer
 5 room to den - y our - selves; a road
 6 and help us, this and ev - ery day,



1 re - stored to life and power and thought.
 2 new thoughts of God, new hopes of heaven.
 3 God will pro - vide for sac - ri - fice.
 4 shall dawn on ev - ery cross and care.
 5 to bring us dai - ly near - er God.
 6 to live more near - ly as we pray.

THE OPENING ACCLAMATION

The Celebrant says

Blessed be the one, holy, and living God.

People

Glory to God for ever and ever.

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

THE GLORIA *Sung 2x*

TAIZÈ

THE COLLECT OF THE DAY

God be with you.
And also with you.
 Let us pray.

O God, because without you we are not able to please you, mercifully grant that your Holy Spirit may in all things direct and rule our hearts; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

Please be seated.

READING: *Proverbs 1:20-33*

Wisdom cries out in the street;
 in the squares she raises her voice.
 At the busiest corner she cries out;
 at the entrance of the city gates she speaks:
 “How long, O simple ones, will you love being simple?”

How long will scoffers delight in their scoffing
and fools hate knowledge?
Give heed to my reproof;
I will pour out my thoughts to you;
I will make my words known to you.
Because I have called and you refused,
have stretched out my hand and no one heeded,
and because you have ignored all my counsel
and would have none of my reproof,
I also will laugh at your calamity;
I will mock when panic strikes you,
when panic strikes you like a storm,
and your calamity comes like a whirlwind,
when distress and anguish come upon you.
Then they will call upon me, but I will not answer;
they will seek me diligently, but will not find me.
Because they hated knowledge
and did not choose the fear of the LORD,
would have none of my counsel,
and despised all my reproof,
therefore they shall eat the fruit of their way
and be sated with their own devices.
For waywardness kills the simple,
and the complacency of fools destroys them;
but those who listen to me will be secure
and will live at ease, without dread of disaster.”

Hear what the Spirit is saying to the Churches.
Thanks be to God.

PSALM 19 *Caeli enarrant*

- 1 The heavens declare the glory of God, *
and the firmament shows his handiwork.
- 2 One day tells its tale to another, *
and one night imparts knowledge to another.
- 3 Although they have no words or language, *
and their voices are not heard,
- 4 Their sound has gone out into all lands, *
and their message to the ends of the world.

- 5 In the deep has he set a pavilion for the sun; *
it comes forth like a bridegroom out of his chamber;
it rejoices like a champion to run its course.
- 6 It goes forth from the uttermost edge of the heavens
and runs about to the end of it again; *
nothing is hidden from its burning heat.
- 7 The law of the LORD is perfect
and revives the soul; *
the testimony of the LORD is sure
and gives wisdom to the innocent.
- 8 The statutes of the LORD are just
and rejoice the heart; *
the commandment of the LORD is clear
and gives light to the eyes.
- 9 The fear of the LORD is clean
and endures for ever; *
the judgments of the LORD are true
and righteous altogether.
- 10 More to be desired are they than gold,
more than much fine gold, *
sweeter far than honey,
than honey in the comb.
- 11 By them also is your servant enlightened, *
and in keeping them there is great reward.
- 12 Who can tell how often he offends? *
cleanse me from my secret faults.
- 13 Above all, keep your servant from presumptuous sins;
let them not get dominion over me; *
then shall I be whole and sound,
and innocent of a great offense.
- 14 Let the words of my mouth and the meditation of my
heart be acceptable in your sight, *
O LORD, my strength and my redeemer.

READING: *James 3:1-12*

Not many of you should become teachers, my brothers and sisters, for you know that we who teach will be judged with greater strictness. For all of us make many mistakes. Anyone who makes no mistakes in speaking is perfect, able to keep the whole body in check with a bridle. If we put bits into the mouths of horses to make them obey us, we guide their whole bodies. Or look at ships: though they are so large that it takes strong winds to drive them, yet they are guided by a very small rudder

wherever the will of the pilot directs. So also the tongue is a small member, yet it boasts of great exploits.

How great a forest is set ablaze by a small fire! And the tongue is a fire. The tongue is placed among our members as a world of iniquity; it stains the whole body, sets on fire the cycle of nature, and is itself set on fire by hell. For every species of beast and bird, of reptile and sea creature, can be tamed and has been tamed by the human species, but no one can tame the tongue-- a restless evil, full of deadly poison. With it we bless the Lord and Father, and with it we curse those who are made in the likeness of God. From the same mouth come blessing and cursing. My brothers and sisters, this ought not to be so. Does a spring pour forth from the same opening both fresh and brackish water? Can a fig tree, my brothers and sisters, yield olives, or a grapevine figs? No more can salt water yield fresh.

Hear what the Spirit is saying to the Churches.
Thanks be to God.

HYMN *Standing or seated**
Descant

Ubi Caritas (Sung 3x)

WLP 831

The musical score is written in 2/4 time with a key signature of one flat (B-flat). It consists of two systems of music. The first system includes a vocal line and a piano accompaniment. The second system also includes a vocal line and a piano accompaniment. The lyrics are in Latin and Hawaiian. The score includes a descant section marked with a box 'A' and a second section marked with a box 'B'. The piano accompaniment features a steady bass line and chords that support the vocal melody. The vocal line is written in a soprano clef. The piano part is written in a bass clef. The lyrics are placed below the vocal line. The score ends with a double bar line.

U - bi ca - ri - tas et a - mor,
 Ai - a nō e loa'a ke a - lo - ha

U - bi ca - ri - tas et a - mor,
 Ai - a nō e loa'a ke a - lo - ha

u - bi ca - ri - tas De - us i - bi est.
 Ai - a nō e loa'a ke A - kua nō.

u - bi ca - ri - tas De - us i - bi est.
 Ai - a nō e loa'a ke A - kua nō.

The Holy Gospel of our Lord Jesus Christ according to Mark.

Glory to you, Lord Christ.

Jesus went on with his disciples to the villages of Caesarea Philippi; and on the way he asked his disciples, “Who do people say that I am?” And they answered him, “John the Baptist; and others, Elijah; and still others, one of the prophets.” He asked them, “But who do you say that I am?” Peter answered him, “You are the Messiah.” And he sternly ordered them not to tell anyone about him.

Then he began to teach them that the Son of Man must undergo great suffering, and be rejected by the elders, the chief priests, and the scribes, and be killed, and after three days rise again. He said all this quite openly. And Peter took him aside and began to rebuke him. But turning and looking at his disciples, he rebuked Peter and said, “Get behind me, Satan! For you are setting your mind not on divine things but on human things.”

He called the crowd with his disciples, and said to them, “If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake, and for the sake of the gospel, will save it. For what will it profit them to gain the whole world and forfeit their life? Indeed, what can they give in return for their life? Those who are ashamed of me and of my words in this adulterous and sinful generation, of them the Son of Man will also be ashamed when he comes in the glory of his Father with the holy angels.”

The Gospel of the Lord.

Praise to you, Lord Christ.

SERMON

The Rev. John Van Siclen

THE NICENE CREED *Standing or seated*

**We believe in one God, the Father, the Almighty,
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God, eternally begotten of the Father,
God from God, Light from Light, true God from true God,
begotten, not made, of one Being with the Father.**

Through him all things were made.

For us and for our salvation he came down from heaven:

by the power of the Holy Spirit

he became incarnate from the Virgin Mary and was made man.

For our sake he was crucified under Pontius Pilate;

he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

Intercessor

Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth,
live together in your love, and reveal your glory in the world.

Silence

Lord, in your mercy

Hear our prayer.

Guide the people of this land, and of all the nations, in the ways of justice and peace; that
we may honor one another and serve the common good.

Silence

Lord, in your mercy

Hear our prayer.

Give us all a reverence for the earth as your own creation, that we may use its resources
rightly in the service of others and to your honor and glory.

Silence

Lord, in your mercy

Hear our prayer.

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in
them, and love one another as he loves us.

Silence

Lord, in your mercy

Hear our prayer.

We offer prayers for those on St. Alban's prayer list, especially for: Steve, Britt, Jocelyn, Danny, Seth, and anyone we name now silently or aloud. (*We invite you now to remember them either silently or aloud*). Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation.

Silence

Lord, in your mercy

Hear our prayer.

We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

Silence

Lord, in your mercy

Hear our prayer.

The Celebrant adds a concluding Collect.

THE CONFESSION OF SIN

Standing, seated or kneeling

Let us confess our sins to God.

God of all mercy,

**we confess that we have sinned against you,
opposing your will in our lives.**

**We have denied your goodness in each other,
in ourselves, and in the world you have created.**

**We repent of the evil that enslaves us,
the evil we have done,
and the evil done on our behalf.**

**Forgive, restore, and strengthen us
through our Savior Jesus Christ,
that we may abide in your love
and serve only your will. Amen.**

Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE

The peace of Christ be always with you.
And also with you.

WELCOME AND ANNOUNCEMENTS

The mission and ministry of St. Alban's depends on the financial and prayerful generosity and gifts of members of our congregation and community. We welcome your one-time or ongoing donation today. Please place cash or checks in the Offering Plate; or use the QR code on the cards found in the rear of the Sanctuary, in the Narthex, or on page 2 of this bulletin to make an online donation. We are grateful that you've chosen to share your gifts with us today

OFFERTORY HYMN

How Great Thou Art

LEVAS 60



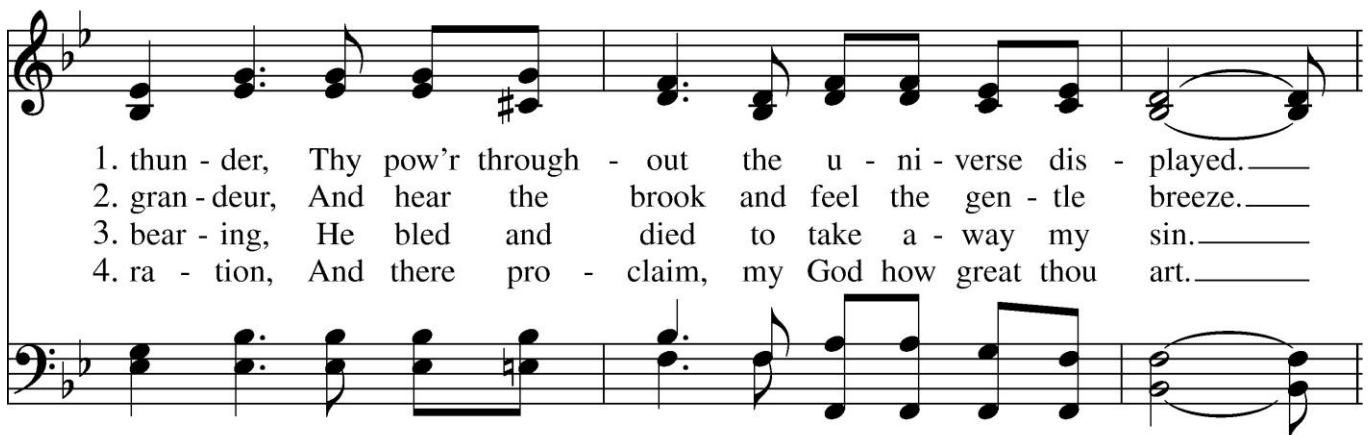
1. O Lord my God, when I in awe - some won - der Con - sid - er
2. When through the woods and for - est glades I wan - der And hear the
3. And when I think that God, his Son not spar - ing, Sent him to
4. When Christ shall come with shout of ac - cla - ma - tion And take me



1. all the worlds* thy hands have made, — I see the stars I hear the roll - ing*
2. birds sing sweet - ly in the trees, — When I look down from loft - y moun - tain
3. die, I scarce can take it in, — That on the cross, my bur - den glad - ly
4. home, what joy shall fill my heart! — Then I shall bow in hum - ble ad - o -



1. thun - der, Thy pow'r through - out the u - ni - verse dis - played. —
2. gran - deur, And hear the brook and feel the gen - tle breeze. —
3. bear - ing, He bled and died to take a - way my sin. —
4. ra - tion, And there pro - claim, my God how great thou art. —



Then sings my soul, my Sav - ior, God, to Thee: — How great Thou

** The translator's original words are "works" and "mighty."*

art, — how great Thou art! — Then sings my soul, my Sav - ior, God, to

Thee: — How great Thou art, — how great Thou art!

THE HOLY COMMUNION

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

We praise you and we bless you, holy and gracious God, source of life abundant. From before time you made ready the creation. Your Spirit moved over the deep and brought all things into being: sun, moons, and stars; earth, winds, and waters; and every living thing. You made us in your image, and taught us to walk in your ways. But we rebelled against you, and wandered far away; and yet, as a parent cares for children, you would not forget us. Time and again you called us to live in the fullness of your love. And so this day with Saints and Angels in the chorus of praise that rings through eternity, lifting our voices to magnify you as we sing:

Ho - ly, ho - ly, ho - ly Lord, God of power and

might, heaven and earth are full of your glo - ry. Ho -

san - na in the high - est. * Bless - ed is he who comes

in the name of the Lord. Ho - san - na in the

high - est. Ho - san - na in the high - est.

The Celebrant continues

Glory and honor and praise to you, holy and living God. To deliver us from the power of sin and death and to reveal the riches of your grace, you looked with favor upon Mary, your willing servant, that she might conceive and bear a son, Jesus the holy child of God. Living among us, Jesus loved us. He broke bread with outcasts and sinners, healed the sick, and proclaimed good news to the poor. He yearned to draw all the world to himself yet we were

heedless of his call to walk in love. Then, the time came for him to complete upon the cross the sacrifice of his life, and to be glorified by you.

On the night before he died for us, Jesus was at table with his friends. He took bread, gave thanks to you, broke it, and gave it to them, and said: "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." As supper was ending, Jesus took the cup of wine. Again, he gave thanks to you, gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Now gathered at your table, O God of all creation, and remembering Christ, crucified and risen, who was and is and is to come, we offer to you our gifts of bread and wine, and ourselves, a living sacrifice.

Pour out your Spirit upon these gifts that they may be the Body and Blood of Christ. Breathe your Spirit over the whole earth and make us your new creation, the Body of Christ given for the world you have made.

In the fullness of time bring us, with Alban and all your saints, from every tribe and language and people and nation, to feast at the banquet prepared from the foundation of the world. Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **AMEN.**

The Celebrant then continues
And now, as our Savior
Christ has taught us,
we now pray,

People and Celebrant

**Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins,
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and forever. Amen.**

FRACTION ANTHEM

God of promise, you have prepared a banquet for us.

Happy are those who are called to the Supper of the Lamb.

THE INVITATION

THE COMMUNION OF THE PEOPLE

Anyone of any age and tradition is invited to receive Holy Communion, and no one who comes to the altar with outstretched hands will be turned away. To receive a blessing instead of the sacrament, approach the altar and cross your arms over your chest.

To receive Holy Communion, you may stand or kneel at the altar rail; or stand in the space between the altar rails, in front of the altar. If you need the sacrament brought to you, please let someone know and we will be honored to bring it to you. If you need a gluten-free wafer, please let the priest know at the altar.

Remember, that communion "in one kind" (bread only) is a sufficient manifestation of the sacrament. If you'd like, you can simply hold the cup while the chalice bearer offers the words of reception, without drinking from the chalice.

COMMUNION ANTHEM *Instrumental*

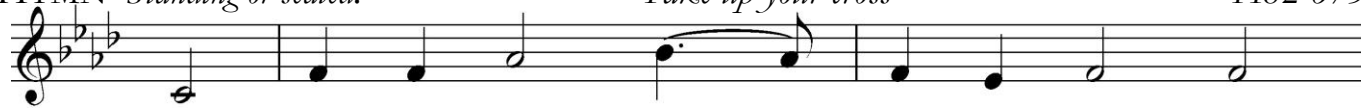
THE POSTCOMMUNION PRAYER

Let us pray.

Celebrant and people

**Loving God,
We give you thanks
for restoring us in your image
and nourishing us with spiritual food
in the Sacrament of Christ's Body and Blood.
Now send us forth a people,
forgiven, healed, renewed;
that we may proclaim your love to the world
and continue in the risen life of Christ our Savior.
Amen.**

THE BLESSING



1 Take up your cross, the Sa - vior said, if
 2 Take up your cross, let not its weight fill
 3 Take up your cross, heed not the shame, and
 4 Take up your cross, then, in his strength, and
 5 Take up your cross, and fol - low Christ, nor



1 you would my dis - ci - ple be; take up your cross with
 2 your weak spi - rit with a - larm; his strength shall bear your
 3 let your fool - ish heart be still; the Lord for you ac -
 4 calm - ly ev - ery dan - ger brave: it guides you to a -
 5 think till death to lay it down; for on - ly those who



1 will - ing heart, and hum - bly fol - low af - ter me.
 2 spi - rit up, and brace your heart, and nerve your arm.
 3 cept - ed death up - on a cross, on Cal - vary's hill.
 4 bun - dant life and leads to vic - tory o'er the grave.
 5 bear the cross may hope to wear the glo - rious crown.

THE DISMISSAL

Let us go forth in the name of Christ.

Thanks be to God.

POSTLUDE

Mary DeLibero, Music Director & Organist