



ST. ALBAN'S EPISCOPAL CHURCH
SIMSBURY, CT



ASH WEDNESDAY

FEBRUARY 22, 2023 – 6:00 PM

*Our service follows The Book of Common Prayer (BCP) unless otherwise noted; congregation responses are **bolded**.*

**A note about standing, kneeling, sitting rubrics:*

One of the spaces that has received more attention during the pandemic is around ablism. Our society, in large part, functions as though everyone has nearly full use of their bodies. During the pandemic, the shift to an online space made it possible for folks who have added accessibility needs to join groups and activities they hadn't been able to before. Where a "standing" rubric might have been added alone, we're adding "seated", as well, as an invitation for you to listen and respond to the needs of your own body. You are invited to remember that our bodies are created by God and intended for worship, just like our voices. However you feel comfortable doing that, God sees that it is good!

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The service begins with the following greeting.

Grace and peace to you from God.
God fill you with truth and joy.

Let us pray.

Almighty and everlasting God, you hate nothing you have made and forgive the sins of all who are penitent: Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our wretchedness, may obtain of you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

Please be seated.

READING: *Joel 2:1-2, 12:17*

Blow the trumpet in Zion;
sound the alarm on my holy mountain!
Let all the inhabitants of the land tremble,
for the day of the LORD is coming, it is near--
a day of darkness and gloom,
a day of clouds and thick darkness!
Like blackness spread upon the mountains
a great and powerful army comes;
their like has never been from of old,
nor will be again after them
in ages to come.

Yet even now, says the LORD,
return to me with all your heart,
with fasting, with weeping, and with mourning;
rend your hearts and not your clothing.

Return to the LORD, your God,
for he is gracious and merciful,
slow to anger, and abounding in steadfast love,
and relents from punishing.

Who knows whether he will not turn and relent,
and leave a blessing behind him,

a grain offering and a drink offering
for the LORD, your God?

Blow the trumpet in Zion;
sanctify a fast;

call a solemn assembly;
gather the people.

Sanctify the congregation;
assemble the aged;

gather the children,
even infants at the breast.

Let the bridegroom leave his room,
and the bride her canopy.

Between the vestibule and the altar
let the priests, the ministers of the LORD, weep.

Let them say, "Spare your people, O LORD,
and do not make your heritage a mockery,
a byword among the nations.

Why should it be said among the peoples,
"Where is their God?"

Hear what the Spirit is saying to God's people.
Thanks be to God.

PSALM: 103:8-14

**8 The LORD is full of compassion and mercy, *
slow to anger and of great kindness.**

**9 He will not always accuse us, *
nor will he keep his anger for ever.**

**10 He has not dealt with us according to our sins, *
nor rewarded us according to our wickedness.**

**11 For as the heavens are high above the earth, *
so is his mercy great upon those who fear him.**

**12 As far as the east is from the west, *
so far has he removed our sins from us.**

**13 As a father cares for his children, *
so does the LORD care for those who fear him.**

**14 For he himself knows whereof we are made; *
he remembers that we are but dust.**

READING: *2 Corinthians 5:20b-6:10*

We entreat you on behalf of Christ, be reconciled to God. For our sake he made him to be sin who knew no sin, so that in him we might become the righteousness of God. As we work together with him, we urge you also not to accept the grace of God in vain. For he says, “At an acceptable time I have listened to you, and on a day of salvation I have helped you.” See, now is the acceptable time; see, now is the day of salvation! We are putting no obstacle in anyone’s way, so that no fault may be found with our ministry, but as servants of God we have commended ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, riots, labors, sleepless nights, hunger; by purity, knowledge, patience, kindness, holiness of spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honor and dishonor, in ill repute and good repute. We are treated as impostors, and yet are true; as unknown, and yet are well known; as dying, and see—we are alive; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything.

Hear what the Spirit is saying to God’s people.

Thanks be to God.

Standing or seated.

THE GOSPEL: *Matthew 6:1-6, 16-21*

The Holy Gospel of our Savior Jesus Christ according to Matthew.

Glory to you, Lord Christ.

Jesus said, “Beware of practicing your piety before others in order to be seen by them; for then you have no reward from your Father in heaven. So whenever you give alms, do not sound a trumpet before you, as the hypocrites do in the synagogues and in the streets, so that they may be praised by others. Truly I tell you, they have received their reward. But when you give alms, do not let your left hand know what your right hand is doing, so that your alms may be done in secret; and your Father who sees in secret will reward you. And whenever you pray, do not be like the hypocrites; for they love to stand and pray in the synagogues and at the

street corners, so that they may be seen by others. Truly I tell you, they have received their reward. But whenever you pray, go into your room and shut the door and pray to your Father who is in secret; and your Father who sees in secret will reward you. And whenever you fast, do not look dismal, like the hypocrites, for they disfigure their faces so as to show others that they are fasting. Truly I tell you, they have received their reward. But when you fast, put oil on your head and wash your face, so that your fasting may be seen not by others but by your Father who is in secret; and your Father who sees in secret will reward you. Do not store up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal; but store up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there your heart will be also.”

The Gospel of the Lord.

Praise to you, Lord Christ.

HOMILY

The Rev. Rebekah Hatch, Rector

Standing or seated.

INVITATION TO A HOLY LENT

Dear People of God: The first Christians observed with great devotion the days of our Lord’s passion and resurrection, and it became the custom of the Church to prepare for them by a season of penitence and fasting. This season of Lent provided a time in which converts to the faith were prepared for Holy Baptism. It was also a time when those who, because of notorious sins, had been separated from the body of the faithful were reconciled by penitence and forgiveness, and restored to the fellowship of the Church. Thereby, the whole congregation was put in mind of the message of pardon and absolution set forth in the Gospel of our Savior, and of the need which all Christians continually have to renew their repentance and faith.

I invite you, therefore, in the name of the Church, to the observance of a holy Lent, by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God’s holy Word. And, to make a right beginning of repentance, and as a mark of our mortal nature, let us now kneel before the Lord, our maker and redeemer.

Silence is then kept for a while, all kneeling as you are able.

BLESSING AND IMPOSITION OF ASHES



Almighty God, you have created us out of the dust of the earth: Grant that these ashes may be to us a sign of our mortality and penitence, that we may remember that it is only by your gracious gift that we are given everlasting life; through Jesus Christ our Savior. **Amen.**

*Those wishing to receive the imposition of ashes are invited
to come forward to the communion rail at this time.*

PSALM: 51 *Miserere mei, Deus* *kneeling or standing*

REFRAIN: Create in me a clean heart, O God.

Have mercy on me O God in your great kindness:
in the fullness of your mercy blot out my offences.

Wash away all my guilt:
and cleanse me from my sin.

Create in me a clean heart, O God.

For I acknowledge my faults:
and my sin is always before me.

Against you only have I sinned
and done evil in your sight.

Create in me a clean heart, O God.

Create in me a clean heart O God:
and renew a right spirit within me.

Do not cast me away from your presence:
do not take your holy spirit from me.

Create in me a clean heart, O God.

Give me the joy of your help again:
and strengthen me with a willing spirit.

O Lord open my lips:
and my mouth shall proclaim your praise.

Create in me a clean heart, O God.

LITANY OF PENITENCE

Standing, sitting, or kneeling

Most holy and merciful Father:

**We confess to you and to one another,
and to the whole communion of saints
in heaven and on earth,
that we have sinned by our own fault
in thought, word, and deed;
by what we have done,
and by what we have left undone.**

We have not loved you with our whole heart, and mind, and strength. We have not loved our neighbors as ourselves. We have not forgiven others, as we have been forgiven.

Have mercy on us, Lord.

We have been deaf to your call to serve, as Christ served us. We have not been true to the mind of Christ. We have grieved your Holy Spirit.

Have mercy on us, Lord.

We confess to you, Lord, all our past unfaithfulness: the pride, hypocrisy, and impatience of our lives,

We confess to you, Lord.

Our self-indulgent appetites and ways, and our exploitation of other people,

We confess to you, Lord.

Our anger at our own frustration, and our envy of those more fortunate than ourselves,

We confess to you, Lord.

Our intemperate love of worldly goods and comforts, and our dishonesty in daily life and work,

We confess to you, Lord.

Our negligence in prayer and worship, and our failure to commend the faith that is in us,

We confess to you, Lord.

Accept our repentance, Lord, for the wrongs we have done: for our blindness to human need and suffering, and our indifference to injustice and cruelty,
Accept our repentance, Lord.

For all false judgments, for uncharitable thoughts toward our neighbors, and for our prejudice and contempt toward those who differ from us,
Accept our repentance, Lord.

For our waste and pollution of your creation, and our lack of concern for those who come after us,
Accept our repentance, Lord.

Restore us, good Lord, and let your anger depart from us;
Favorably hear us, for your mercy is great.

Accomplish in us the work of your salvation,
That we may show forth your glory in the world.

By the cross and passion of your Son our Lord,
Bring us with all your saints to the joy of his resurrection.

Almighty God, the Father of our Lord Jesus Christ, who desires not the death of sinners, but rather that they may turn from their wickedness and live, has given power and commandment to his ministers to declare and pronounce to his people, being penitent, the absolution and remission of their sins. God pardons and absolves all those who truly repent, and with sincere hearts believe his holy Gospel.

Therefore we beseech him to grant us true repentance and his Holy Spirit, that those things may please him which we do on this day, and that the rest of our life hereafter may be pure and holy, so that at the last we may come to his eternal joy; through Jesus Christ our Lord. **Amen.**

PEACE

The peace of the Lord be always with you.
And also with you.

THE HOLY COMMUNION

THE GREAT THANKSGIVING

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

We praise you and we bless you, holy and gracious God, source of life abundant. From before time you made ready the creation. Your Spirit moved over the deep and brought all things into being: sun, moon, and stars; earth, winds, and waters; and every living thing. You made us in your image, and taught us to walk in your ways. But we rebelled against you, and wandered far away; and yet, as a mother cares for her children, you would not forget us. Time and again you called us to live in the fullness of your love. And so this day we join with Saints and Angels in the chorus of praise that rings through eternity, lifting our voices to magnify you as we say:

SANCTUS:

Holy, holy, holy Lord,

God of power and might,

Heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

The Celebrant continues

Glory and honor and praise to you, holy and living God. To deliver us from the power of sin and death and to reveal the riches of your grace, you looked with favor upon Mary, your willing servant, that she might conceive and bear a son, Jesus the holy child of God. Living among us, Jesus loved us. He broke bread with outcasts and sinners, healed the sick, and proclaimed good news to the poor. He yearned to draw all the world to himself yet we were heedless of his call to walk in love. Then, the time came for him to complete upon the cross the sacrifice of his life, and to be glorified by you.

On the night before he died for us, Jesus was at table with his friends. He took bread, gave thanks to you, broke it, and gave it to them, and said: "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." As supper was ending, Jesus took the cup of wine. Again, he gave thanks to you, gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which

is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.” Now gathered at your table, O God of all creation, and remembering Christ, crucified and risen, who was and is and is to come, we offer to you our gifts of bread and wine, and ourselves, a living sacrifice.

Pour out your Spirit upon these gifts that they may be the Body and Blood of Christ. Breathe your Spirit over the whole earth and make us your new creation, the Body of Christ given for the world you have made. In the fullness of time bring us, with Alban and all your saints, from every tribe and language and people and nation, to feast at the banquet prepared from the foundation of the world.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power,
and the glory,
for ever and ever. Amen.**

FRACTION ANTHEM: *A period of silence is kept.*

Christ our Passover is sacrificed for us;
Therefore let us keep the feast.

THE INVITATION

THE COMMUNION OF THE PEOPLE

To receive Holy Communion, you may stand or kneel at the altar rail; or stand in the space between the altar rails, in front of the altar. If you need the sacrament brought to you, please let someone know and we will be honored to bring it to you.

Anyone of any age and tradition is invited to receive Holy Communion, and no one who comes to the altar with outstretched hands will be turned away. To receive a blessing instead of the sacrament, approach the altar and cross your arms over your chest.

POST-COMMUNION PRAYER

Let us pray.

Celebrant and people

God of Abundance,
you have fed us with the bread of life and cup of salvation;
you have united us with Christ and one another.
and you have made us one with all your people in heaven and on earth.
Now send us forth in the power of your Spirit,
that we may proclaim your redeeming love
to the world and continue for ever
in the risen life of Christ our Savior.
Amen.

THE BLESSING

Bow down before the Lord.

Grant, most merciful Lord, to your faithful people pardon and peace, that they may be cleansed from all their sins, and serve you with a quiet mind; through Christ our Lord. The blessing of God, Father, Son and Holy Spirit, be upon you and remain with you this night and always. **Amen.**

THE DISMISSAL

Go in peace to love and serve the Lord.
Thanks be to God.