



ST. ALBAN'S EPISCOPAL CHURCH
SIMSBURY, CT

PROPER 16, YEAR C

MORNING PRAYER: RITE TWO

AUGUST 21, 2022 – 9:00 AM

*Our service follows The Book of Common Prayer (BCP) unless otherwise noted;
congregation responses are **bolded**.*

**A note about standing, kneeling, sitting rubrics:*

One of the spaces that has received more attention during the pandemic is around ablism. Our society, in large part, functions as though everyone has nearly full use of their bodies. During the pandemic, the shift to an online space made it possible for folks who have added accessibility needs to join groups and activities they hadn't been able to before. Where a "standing" rubric might have been added alone, we're adding "seated", as well, as an invitation for you to listen and respond to the needs of your own body. You are invited to remember that our bodies are created by God and intended for worship, just like our voices. However you feel comfortable doing that, God sees that it is good!

Judy Duncan & Geoff Mather, Officiants

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PRELUDE

Mary DeLibero, Director of Music & Organist

Descant

4 Blest in - hab - it - ants of Zi - on, washed in the Re -

1 Glo - rious things of thee are spo - ken, Zi - on, ci - ty
 2 See! the streams of liv - ing wa - ters, spring - ing from e -
 3 Round each ha - bi - ta - tion hov - ering, see the cloud and
 4 Blest in - hab - it - ants of Zi - on, washed in the Re -

deem - er's blood! Whom their souls re -

of our God; he whose word can - not be
 ter - nal love, well sup - ply thy sons and
 fire ap - pear for a glo - ry and a
 deem - er's blood! Je - sus, whom their souls re -

ly on, makes them kings and priests to God.

bro - ken formed thee for his own a - bode;
 daugh - ters and all fear of want re - move.
 cov - ering, show - ing that the Lord is near.
 ly on, makes them kings and priests to God.

'Tis his love his peo - ple raise o - ver
 on the Rock of A - ges found - ed, what can shake thy
 Who can faint, when such a riv - er ev - er will their
 Thus de - riv - ing from their ban - ner, light by night, and
 'Tis his love his peo - ple rais - es o - ver self to

self to reign and as priests, his
 sure re - pose? With sal - va - tion's walls sur -
 thirst as - suage? Grace which, like the Lord, the
 shade by day, safe they feed up - on the
 reign as kings: and as priests, his sol - emn

sol - emn prais - es each an of - fering brings.
 round - ed, thou may'st smile at all thy foes.
 giv - er nev - er fails from age to age.
 man - na which he gives them when they pray.
 prais - es each for a thank - of - fering brings.

Thus says the high and lofty One who inhabits eternity, whose name is Holy, "I dwell in the high and holy place and also with the one who has a contrite and humble spirit, to revive the spirit of the humble and to revive the heart of the contrite. *Isaiah 57:15*

THE CONFESSION OF SIN *Standing, seated or kneeling**

The Officiant says

Let us confess our sins against God and our neighbor.

Officiant and people

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name.
Amen.**

Almighty God have mercy on us, forgive us all our sins through our Lord Jesus Christ, strengthen us in all goodness, and by the power of the Holy Spirit keep us in eternal life. **Amen.**

Officiant Lord, open our lips.
And our mouth shall proclaim your praise.

Officiant and People
Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen. Alleluia.

The earth is the Lord's for he made it: **Come let us adore him.**

JUBILATE *Psalm 100 said in unison*

**Be joyful in the Lord, all you lands; *
serve the Lord with gladness
and come before his presence with a song.**

**Know this: The Lord himself is God; *
he himself has made us, and we are his;
we are his people and the sheep of his pasture.**

**Enter his gates with thanksgiving;
go into his courts with praise; *
give thanks to him and call upon his Name.**

**For the Lord is good;
his mercy is everlasting; *
and his faithfulness endures from age to age.**

The earth is the Lord's for he made it: **Come let us adore him.**

PSALM 71:1-6 *In te, Domine, speravi*

- 1 In you, O LORD, have I taken refuge; *
let me never be ashamed.
- 2 In your righteousness, deliver me and set me free; *
incline your ear to me and save me.
- 3 Be my strong rock, a castle to keep me safe; *
you are my crag and my stronghold.
- 4 Deliver me, my God, from the hand of the wicked, *
from the clutches of the evildoer and the oppressor.
- 5 For you are my hope, O Lord GOD, *
my confidence since I was young.
- 6 I have been sustained by you ever since I was born;
from my mother's womb you have been my strength; *
my praise shall be always of you.

**Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.**

READING: *Jeremiah 1:4-10*

The word of the LORD came to me saying,

"Before I formed you in the womb I knew you,
and before you were born I consecrated you;
I appointed you a prophet to the nations."

Then I said, "Ah, Lord GOD! Truly I do not know how to speak, for I am only a boy." But the LORD said to me,

"Do not say, 'I am only a boy';
for you shall go to all to whom I send you,
and you shall speak whatever I command you,
Do not be afraid of them,
for I am with you to deliver you,

says the LORD."

Then the LORD put out his hand and touched my mouth; and the LORD said to me,

"Now I have put my words in your mouth.
See, today I appoint you over nations and over kingdoms,
to pluck up and to pull down,
to destroy and to overthrow,
to build and to plant."

Here ends the Lesson.

CANTICLE 15: The Song of Mary (*Luke 1:46-55*) *said in unison*

**My soul proclaims the greatness of the Lord,
my spirit rejoices in God my Savior; *
for he has looked with favor on his lowly servant.
From this day all generations will call me blessed: *
the Almighty has done great things for me,
and holy is his Name.
He has mercy on those who fear him *
in every generation.
He has shown the strength of his arm, *
he has scattered the proud in their conceit.
He has cast down the mighty from their thrones, *
and has lifted up the lowly.
He has filled the hungry with good things, *
and the rich he has sent away empty.
He has come to the help of his servant Israel, *
for he has remembered his promise of mercy,
The promise he made to our fathers, *
to Abraham and his children for ever.**

**Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.**

READING: *Hebrews* 12:18-29

You have not come to something that can be touched, a blazing fire, and darkness, and gloom, and a tempest, and the sound of a trumpet, and a voice whose words made the hearers beg that not another word be spoken to them. (For they could not endure the order that was given, "If even an animal touches the mountain, it shall be stoned to death." Indeed, so terrifying was the sight that Moses said, "I tremble with fear.") But you have come to Mount Zion and to the city of the living God, the heavenly Jerusalem, and to innumerable angels in festal gathering, and to the assembly of the firstborn who are enrolled in heaven, and to God the judge of all, and to the spirits of the righteous made perfect, and to Jesus, the mediator of a new covenant, and to the sprinkled blood that speaks a better word than the blood of Abel.

See that you do not refuse the one who is speaking; for if they did not escape when they refused the one who warned them on earth, how much less will we escape if we reject the one who warns from heaven! At that time his voice shook the earth; but now he has promised, "Yet once more I will shake not only the earth but also the heaven." This phrase, "Yet once more," indicates the removal of what is shaken-- that is, created things-- so that what cannot be shaken may remain. Therefore, since we are receiving a kingdom that cannot be shaken, let us give thanks, by which we offer to God an acceptable worship with reverence and awe; for indeed our God is a consuming fire.

Here ends the Lesson.

CANTICLE 19: The Song of the Redeemed (*Revelation 15: 3-4*)
said in unison

**O ruler of the universe, Lord God,
great deeds are they that you have done, *
surpassing human understanding.**

**Your ways are ways of righteousness and truth, *
O King of all the ages.**

**Who can fail to do you homage, Lord,
and sing the praises of your Name? *
for you only are the Holy One.**

**All nations will draw near and fall down before you, *
because your just and holy works have been revealed.**

Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.

HYMN *Standing or seated*

Heal me, hands of Jesus (WLP 773)

1. Heal me, hands of Je - sus, and search out all my pain: re -
 2. Cleanse me, blood of Je - sus, take bit - ter-ness a - way; let
 3. Know me, mind of Je - sus, and show me all my sin; dis -
 4. Fill me, joy of Je - sus: anx - i - e - ty shall cease and

store my hope, re - move my fear and bring me peace a - gain.
 me for - give as one for - given and bring me peace to - day.
 pel the mem - o - ries of guilt, and bring me peace with - in.
 heaven's se - ren - i - ty be mine, for Je - sus brings me peace!

READING: *Luke 13:10-17*

Now Jesus was teaching in one of the synagogues on the sabbath. And just then there appeared a woman with a spirit that had crippled her for eighteen years. She was bent over and was quite unable to stand up straight. When Jesus saw her, he called her over and said, "Woman, you are set free from your ailment." When he laid his hands on her, immediately she stood up straight and began

praising God. But the leader of the synagogue, indignant because Jesus had cured on the sabbath, kept saying to the crowd, "There are six days on which work ought to be done; come on those days and be cured, and not on the sabbath day." But the Lord answered him and said, "You hypocrites! Does not each of you on the sabbath untie his ox or his donkey from the manger, and lead it away to give it water? And ought not this woman, a daughter of Abraham whom Satan bound for eighteen long years, be set free from this bondage on the sabbath day?" When he said this, all his opponents were put to shame; and the entire crowd was rejoicing at all the wonderful things that he was doing.

Here ends the Lesson.

REFLECTION

Geoff Mather

THE APOSTLES' CREED

Standing or seated.

Officiant and People

**I believe in God, the Father almighty,
creator of heaven and earth;**

I believe in Jesus Christ, his only Son, our Lord.

**He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.**

**He suffered under Pontius Pilate,
was crucified, died, and was buried.**

He descended to the dead.

On the third day he rose again.

**He ascended into heaven,
and is seated at the right hand of the Father.**

He will come again to judge the living and the dead.

**I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins
the resurrection of the body,
and the life everlasting. Amen.**

THE PRAYERS

Officiant The Lord be with you.

And also with you.

Let us pray.

Officiant and People

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

SUFFRAGES A *V* = *versicle* (Officiant); R = *response* (People)

- V. Show us your mercy, O Lord;
R. And grant us your salvation.
V. Clothe your ministers with righteousness;
R. Let your people sing with joy.
V. Give peace, O Lord, in all the world;
R. For only in you can we live in safety.
V. Lord, keep this nation under your care;
R. And guide us in the way of justice and truth.
V. Let your way be known upon earth;
R. Your saving health among all nations.
V. Let not the needy, O Lord, be forgotten;
R. Nor the hope of the poor be taken away.
V. Create in us clean hearts, O God;
R. And sustain us with your Holy Spirit.

THE COLLECT OF THE DAY

Grant, O merciful God, that your Church, being gathered together in unity by your Holy Spirit, may show forth your power among all peoples, to the glory of your Name; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

A COLLECT FOR PEACE

Almighty God, kindle, we pray, in every heart the true love of peace, and guide with your wisdom those who take counsel for the nations of the earth, that in tranquility your dominion may increase until the earth is filled with the knowledge of your love; through Jesus Christ our Lord, who lives and reigns with you, in the unity of the Holy Spirit, one God, now and forever. **Amen.**

Almighty and everlasting God, by whose Spirit the whole body of your faithful people is governed and sanctified: Receive our supplications and prayers which we offer before you for all members of your holy Church, that in their vocation and ministry they may truly and devoutly serve you; through our Lord and Savior Jesus Christ. **Amen.**

A GENERAL THANKSGIVING

Officiant and People

Accept, O Lord, our thanks and praise for all that you have done for us. We thank you for the splendor of the whole creation, for the beauty of this world, for the wonder of life, and for the mystery of love.

We thank you for the blessing of family and friends, and for the loving care which surrounds us on every side.

We thank you for setting us at tasks which demand our best efforts, and for leading us to accomplishments which satisfy and delight us.

We thank you also for those disappointments and failures that lead us to acknowledge our dependence on you alone.

Above all, we thank you for your Son Jesus Christ; for the truth of his Word and the example of his life; for his steadfast obedience, by which he overcame temptation; for his dying, through which he overcame death; and for his rising to life again, in which we are raised to the life of your kingdom.

Grant us the gift of your Spirit, that we may know him and make him known; and through him, at all times and in all places, may give thanks to you in all things. Amen.

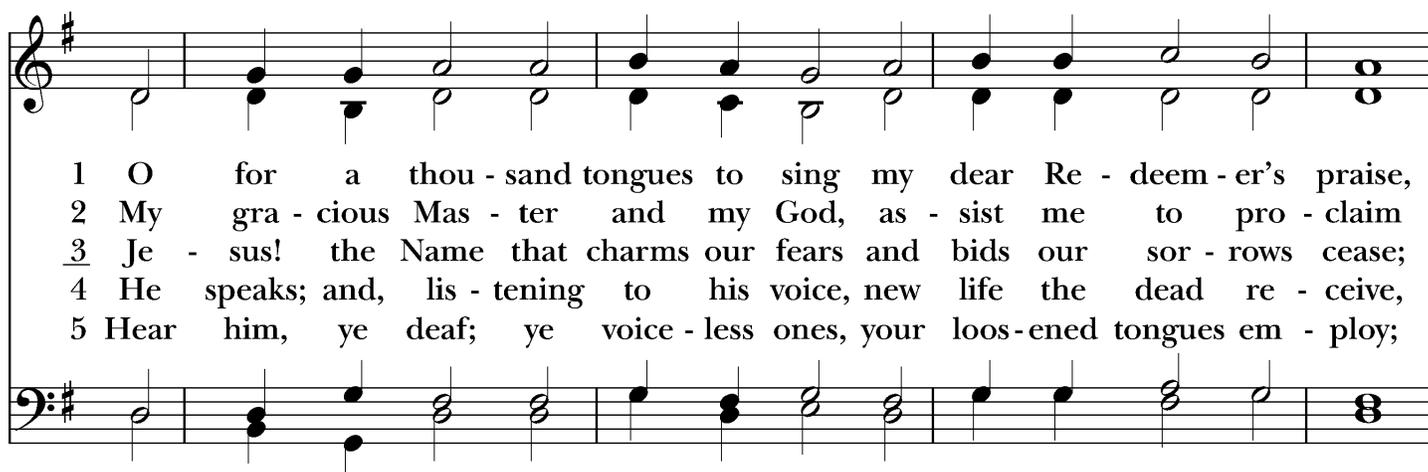
A PRAYER OF ST. CHRYSOSTOM

Officiant and People

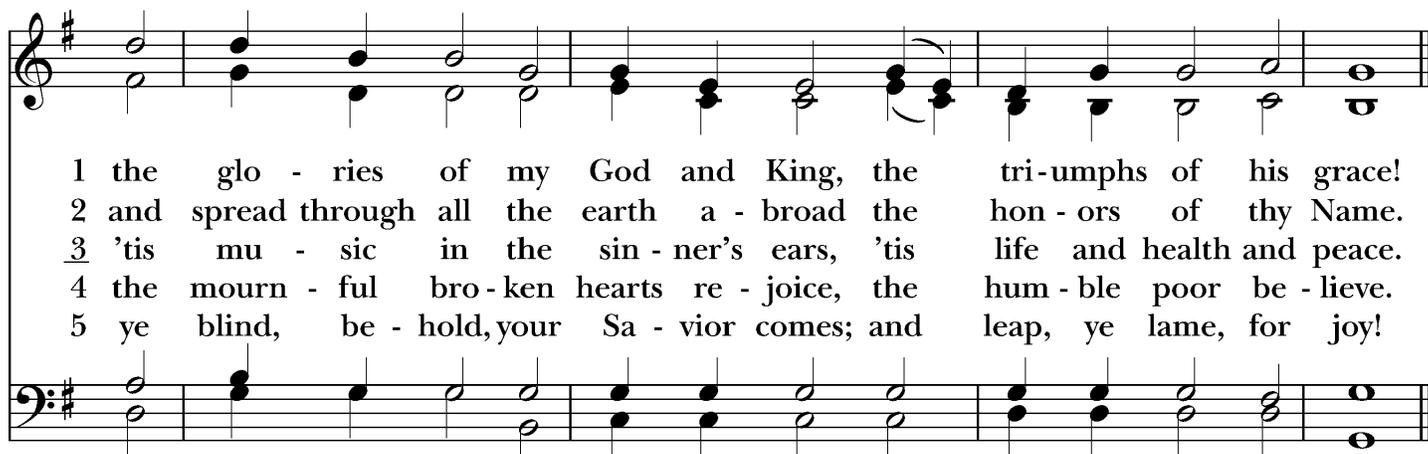
Almighty God, you have given us grace at this time with one accord to make our common supplication to you; and you have promised through your well-beloved Son that when two or three are gathered together in his Name you will be in the midst of them: Fulfill now, O Lord, our desires and petitions as may be best for us; granting us in this world knowledge of your truth, and in the age to come life everlasting. Amen.

HYMN *Standing or seated.*

O, for a thousand tongues to sing (H82 493)



1 O for a thou - sand tongues to sing my dear Re - deem - er's praise,
2 My gra - cious Mas - ter and my God, as - sist me to pro - claim
3 Je - sus! the Name that charms our fears and bids our sor - rows cease;
4 He speaks; and, lis - tening to his voice, new life the dead re - ceive,
5 Hear him, ye deaf; ye voice - less ones, your loos - ened tongues em - ploy;



1 the glo - ries of my God and King, the tri - umphs of his grace!
2 and spread through all the earth a - broad the hon - ors of thy Name.
3 'tis mu - sic in the sin - ner's ears, 'tis life and health and peace.
4 the mourn - ful bro - ken hearts re - joice, the hum - ble poor be - lieve.
5 ye blind, be - hold, your Sa - vior comes; and leap, ye lame, for joy!

6 Glory to God and praise and love
be now and ever given
by saints below and saints above,
the Church in earth and heayen.

Officiant Let us bless the Lord.
Thanks be to God.

Officiant May the God of hope fill us with all joy and peace in believing through the power of the Holy Spirit. **Amen.** (*Romans 15:13*)