

HOLY EUCHARIST  
Rite II, Proper 18, yr. B

PRELUDE

All stand.

HYMN

*Where cross the crowded ways of life*

(H82 609)

1 Where cross the crowd - ed ways of life, where sound the  
2 In haunts of wretch - ed - ness and need, on sha - dowed  
3 The cup of wa - ter given for thee still holds the  
4 O Mas - ter, from the moun - tain side, make haste to  
5 till all the world shall learn thy love, and fol - low

1 cries of race and clan, a - bove the noise of  
2 thresh - olds dark with fears, from paths where hide the  
3 fresh - ness of thy grace; yet long these mul - ti -  
4 heal these hearts of pain; a - mong these rest - less  
5 where thy feet have trod; till glo - rious from thy

1 self - ish strife, we hear thy voice, O Son of Man.  
2 lures of greed, we catch the vi - sion of thy tears.  
3 tudes to see the true com - pas - sion of thy face.  
4 throngs a - bid, O tread the ci - ty's streets a - gain;  
5 heaven a - bove, shall come the ci - ty of our God.

*All standing, the Celebrant says*

Blessed be the one, holy, and living God.

**People**      **Glory to God for ever and ever.**

*The Celebrant says*

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

*The following is said, all standing*

**Glory to God in the highest,  
and peace to his people on earth.**

**Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.**

**For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father. Amen.**

### **COLLECT OF THE DAY**

*Celebrant*      God be with you.

**People**      **And also with you.**

*Celebrant*      Let us pray.

Grant us, O Lord, to trust in you with all our hearts; for, as you always resist the proud who confide in their own strength, so you never forsake those who make their boast of your mercy; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

## **A Reading from the book of Proverbs (22:1-2, 8-9, 22-23)**

A good name is to be chosen rather than great riches,  
and favour is better than silver or gold.

The rich and the poor have this in common:  
the LORD is the maker of them all.

Whoever sows injustice will reap calamity,  
and the rod of anger will fail.

Those who are generous are blessed,  
for they share their bread with the poor.

Do not rob the poor because they are poor,  
or crush the afflicted at the gate;  
for the LORD pleads their cause  
and despoils of life those who despoil them.

*Reader*     The Word of the Lord.

*People*     **Thanks be to God.**

### **PSALM 125**     *(said in unison)*

*Qui confidunt*

- 1 Those who trust in the LORD are like Mount Zion, \*  
which cannot be moved, but stands fast for ever.**
- 2 The hills stand about Jerusalem; \*  
so does the LORD stand round about his people,  
from this time forth for evermore.**
- 3 The scepter of the wicked shall not hold sway over the land allotted to  
the just, \*  
so that the just shall not put their hands to evil.**
- 4 Show your goodness, O LORD, to those who are good \*  
and to those who are true of heart.**
- 5 As for those who turn aside to crooked ways,  
the LORD will lead them away with the evildoers; \*  
but peace be upon Israel.**

## A Reading from James (2:1-10, [11-13], 14-17)

My brothers and sisters, do you with your acts of favoritism really believe in our glorious Lord Jesus Christ? For if a person with gold rings and in fine clothes comes into your assembly, and if a poor person in dirty clothes also comes in, and if you take notice of the one wearing the fine clothes and say, "Have a seat here, please," while to the one who is poor you say, "Stand there," or, "Sit at my feet," have you not made distinctions among yourselves, and become judges with evil thoughts? Listen, my beloved brothers and sisters. Has not God chosen the poor in the world to be rich in faith and to be heirs of the kingdom that he has promised to those who love him? But you have dishonored the poor. Is it not the rich who oppress you? Is it not they who drag you into court? Is it not they who blaspheme the excellent name that was invoked over you?

You do well if you really fulfill the royal law according to the scripture, "You shall love your neighbor as yourself." But if you show partiality, you commit sin and are convicted by the law as transgressors. For whoever keeps the whole law but fails in one point has become accountable for all of it.[ For the one who said, "You shall not commit adultery," also said, "You shall not murder." Now if you do not commit adultery but if you murder, you have become a transgressor of the law. So speak and so act as those who are to be judged by the law of liberty. For judgment will be without mercy to anyone who has shown no mercy; mercy triumphs over judgment.]

What good is it, my brothers and sisters, if you say you have faith but do not have works? Can faith save you? If a brother or sister is naked and lacks daily food, and one of you says to them, "Go in peace; keep warm and eat your fill," and yet you do not supply their bodily needs, what is the good of that? So faith by itself, if it has no works, is dead.

*Reader*      The Word of the Lord.

*People*      **Thanks be to God.**

*All stand.*

### HYMN

### *Give thanks for life*

WLP 775

1. Give thanks for life, the meas - ure of our days,  
2. Give thanks for those who made their life a light  
3. And for our own, our liv - ing and our dead,  
4. Give thanks for hope, that like the wheat, the grain

The musical score consists of three systems. The first system is a single melodic line in G major (one sharp) and 4/4 time. The second system is a piano accompaniment with a grand staff (treble and bass clefs). The third system continues the piano accompaniment. The lyrics are placed between the first and second systems.

mor - tal, we pass through beau - ty that de - cays, yet  
 caught from the Christ flame burst - ing through the night, who  
 thanks for the love by which our life is fed, a  
 ly - ing in dark - ness does its life re - tain, in

sing to God our hope, our love, our praise,  
 touched the truth, who burned for what is right, } Al -  
 love not changed by time or death or dread, }  
 res - ur - rec - tion to grow green a - gain. }

le - lu - ia, Al - le - lu - ia!

**THE GOSPEL**

**(Mark 7:24-37)**

*Priest* The Holy Gospel of our Lord Jesus Christ according to Mark.  
*People* **Glory to you, Lord Christ.**

Jesus set out and went away to the region of Tyre. He entered a house and did not want anyone to know he was there. Yet he could not escape notice, but a woman whose little daughter had an unclean spirit immediately heard about him, and she came and bowed down at his feet. Now the woman was a Gentile, of Syrophenician origin. She begged him to cast the demon out of her daughter. He said to her, "Let the children be fed first, for it is not fair to take the children's food and throw it to the dogs." But she answered him, "Sir, even the dogs under the table eat the children's crumbs." Then he said to her, "For saying that, you may go—the demon has left your daughter." So she went home, found the child lying on the bed, and the demon gone.

Then he returned from the region of Tyre, and went by way of Sidon towards the Sea of Galilee, in the region of the Decapolis. They brought to him a deaf man who had an impediment in his speech; and they begged him to lay his hand on him. He took him aside in private, away from the crowd, and put his fingers into his ears, and he spat and touched his tongue. Then looking up to heaven, he sighed and said to him, "Ephphatha," that is, "Be opened." And immediately his ears were opened, his tongue was released, and he spoke plainly. Then Jesus ordered them to tell no one; but the more he ordered them, the more zealously they proclaimed it. They were astounded beyond measure, saying, "He has done everything well; he even makes the deaf to hear and the mute to speak."

*Priest*        The Gospel of the Lord.  
*People*        **Praise to you, Lord Christ.**

**SERMON** *All sit.*

The Rev. Rebekah Hatch

**NICENE CREED** *Standing.*

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.  
We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:**

by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.

For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.

On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

## PRAYERS OF THE PEOPLE

In peace and in faith, let us offer our prayers, saying, “Christ, have mercy.”

We pray for the world. For those who suffer, for those who are scared, for those who are hungry and without a home. **Christ, have mercy.**

We pray for our President; our nation; and the leaders of all nations.  
**Christ, have mercy.**

We pray for our companion Diocese of Aberdeen & Orkney.  
**Christ, have mercy.**

We pray for our Presiding Bishop, Michael; and our bishops, Ian & Laura. We offer prayers for the Bishop Transition Committee as they begin their work discerning the Spirit’s voice in calling a new bishop for ECCT.  
**Christ, have mercy.**

We pray for our children as they start this new school year; that they stay safe, protected and nurtured in these uncertain times.  
**Christ, have mercy.**

We pray for this congregation of St. Alban's; and for all communities of faith & worship as they seek God's will in these uncertain days.

**Christ, have mercy.**

We pray for those who have died.

**Christ, have mercy.**

We pray for all of you who are gathered with us today. Please join us in praying especially for Sarah, Henry, Johanna, Eliot, Paula C., Denise, Punch, Rick,

Julian, Kristin, Abby, Diana, Nancy F., Betty, Laura, Emily, Britt, Grace, Jill, Jack, Diane, Robert, Kathy, David C., Amanda, Jim, Nathan, David, Nancy, Meredith, and for all those you name in your own sacred space.

**Christ, have mercy.**

For the mission of the Church and for our own mission:

**Lord Jesus Christ, give us the grace, the desire and the will to join you in your mission. May we CELEBRATE your goodness; INSPIRE others through our acts of caring and kindness; and SERVE any who are in need.**

*The Celebrant concludes with a closing collect.*

**CONFESSION**     *Stand or kneel as you desire.*

*The Celebrant says*

Let us confess to our God.

*Celebrant and people*

**God of all mercy,**

**we confess that we have sinned against you,  
opposing your will in our lives.**

**We have denied your goodness in each other,  
in ourselves, and in the world you have created.**

**We repent of the evil that enslaves us,  
the evil we have done,**

**and the evil done on our behalf.**

**Forgive, restore, and strengthen us  
through our Savior Jesus Christ,  
that we may abide in your love  
and serve only your will. Amen.**

*Celebrant*

Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

**Amen.**

**PEACE** *All stand.*

*Celebrant* The peace of the Lord be always with you.

*People* **And also with you.**

## **WELCOME & ANNOUNCEMENTS**

### **OFFERTORY ANTHEM**

#### **THE MINISTRY OF THE TABLE**

*Please stand as the offered gifts are brought forward*

### **GREAT THANKSGIVING**

*Celebrant* The Lord be with you.

*People* **And also with you.**

*Celebrant* Lift up your hearts.

*People* **We lift them to the Lord.**

*Celebrant* Let us give thanks to the Lord our God.

*People* **It is right to give our thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

For you are the source of light and life; you made us in your image, and called us to new life in Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

*Celebrant and People*

**Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest.**

*The Celebrant continues*

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

*Celebrant and People*

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

*Celebrant and People*

**Our Father, who art in heaven,**

**hallowed be thy Name,**

**thy kingdom come,**

**thy will be done,**

**on earth as it is in heaven.**

**Give us this day our daily bread. And forgive us**

**our trespasses,**

**as we forgive those who trespass against us.**

And lead us not into temptation,  
 but deliver us from evil.  
 For thine is the kingdom,  
 and the power, and the glory, for ever and ever. Amen.

**BREAKING OF THE BREAD** *A period of silence is kept.*

*Celebrant* Alleluia. Christ our Passover is sacrificed for us;

*People* Therefore, let us keep the feast. Alleluia.

**THE COMMUNION OF THE PEOPLE**

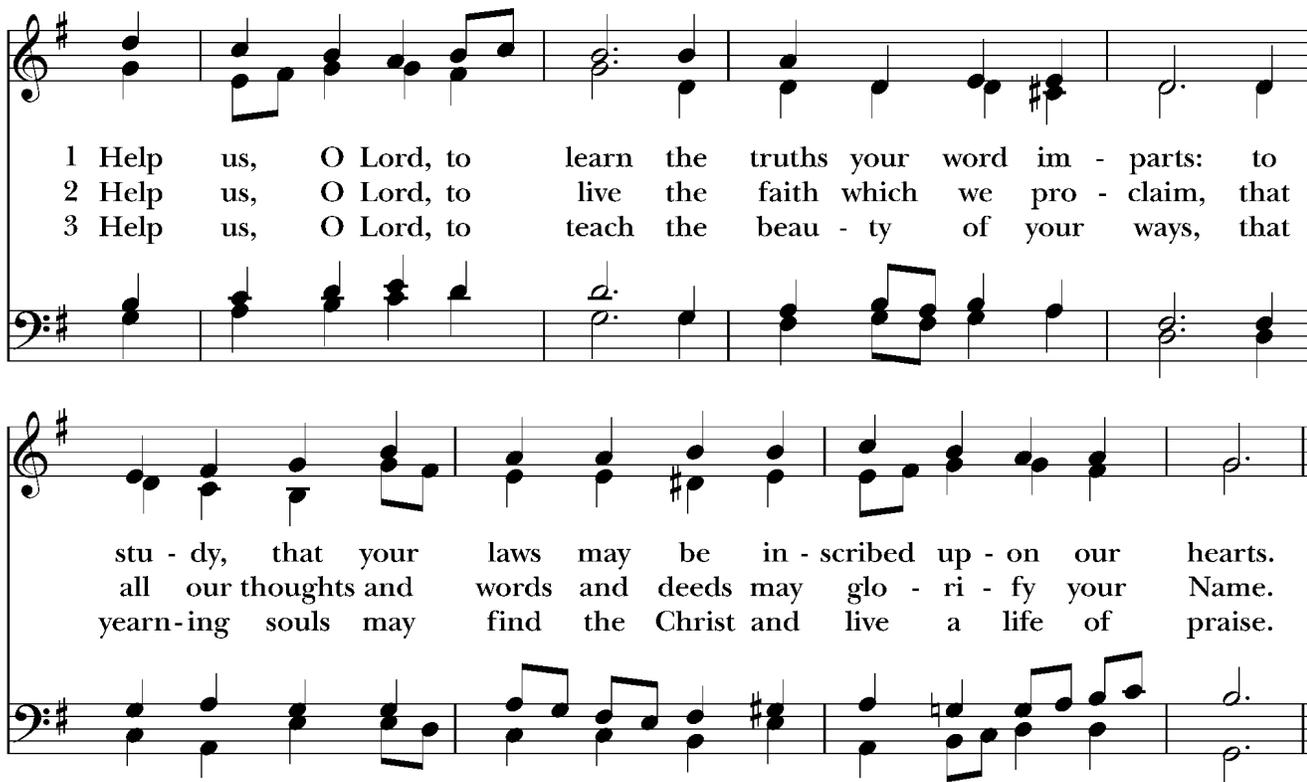
*All are welcome to receive communion.*

*The ushers will guide you through this process.*

**HYMN**

*Help us, O Lord*

**(H82 628)**



1 Help us, O Lord, to learn the truths your word im - parts: to  
 2 Help us, O Lord, to live the faith which we pro - claim, that  
 3 Help us, O Lord, to teach the beau - ty of your ways, that

stu - dy, that your laws may be in - scribed up - on our hearts.  
 all our thoughts and words and deeds may glo - ri - fy your Name.  
 yearn-ing souls may find the Christ and live a life of praise.

**POSTCOMMUNION PRAYER** *All stand.*

Let us pray.

*Celebrant and people*

**Loving God,  
 we give you thanks  
 for restoring us in your image  
 and nourishing us with spiritual food**

in the Sacrament of Christ's Body and Blood.  
 Now send us forth  
 a people, forgiven, healed, renewed;  
 that we may proclaim your love to the world  
 and continue in the risen life of Christ our Savior. Amen.

**BLESSING**

**HYMN**

*O for a thousand tongues to sing*

(H82 493)

1 O for a thou - sand tongues to sing my dear Re - deem - er's praise,  
 2 My gra - cious Mas - ter and my God, as - sist me to pro - claim  
 3 Je - sus! the Name that charms our fears and bids our sor - rows cease;  
 4 He speaks; and, lis - tening to his voice, new life the dead re - ceive,  
 5 Hear him, ye deaf; ye voice - less ones, your loos - ened tongues em - ploy;

1 the glo - ries of my God and King, the tri - umphs of his grace!  
 2 and spread through all the earth a - broad the hon - ors of thy Name.  
 3 'tis mu - sic in the sin - ner's ears, 'tis life and health and peace.  
 4 the mourn - ful bro - ken hearts re - joice, the hum - ble poor be - lieve.  
 5 ye blind, be - hold, your Sa - vior comes; and leap, ye lame, for joy!

6 Glory to God and praise and love  
 be now and ever given  
 by saints below and saints above,  
 the Church in earth and heayen.

**DISMISSAL**

*Priest* Let us go forth into the world, rejoicing in the power of the Spirit.  
*People* Thanks be to God.

**POSTLUDE**